

Poms:

Are you looking to become a pom in the future? Are you already a Pom at the Jr. High or High School level, but want to improve your technique? There are classes recommended for those interested in Poms.

Pom Technique: Turns, Leaps, Toe Touches are all necessary to be a Pom! This class will help you with all those technical aspects of poms. Skills will be broken down for each student so that individuals can accomplish her own technique goals.

Lyrical Pom Technique: This class will help to add grace and flair in the execution of the steps during a routine. Do you have music you are working with? Bring it to class.

Lyrical Jazz Hop: Lyrical Jazz is a fusion of ballet, jazz, hip hop and contemporary dance techniques. Since work on showing emotion in dance pieces is an emphasis, this class is recommended for passionate dancers and those interested in perfecting pom technique.

Angela Flaherty has dance experience as the Oswego High School Pom Coach. In the pom technique classes, Angela spends time identifying the technique abilities of each student. With individual instruction, students can better execute steps to performance level when learning routines in the Lyrical Jazz Hop class.

Buy a Pom Technique Punch Card:

**10 punches for \$100.00, get one free punch. No Expiration on the Card.
There will also be added classes beginning in 2012 through the tryout season.
Please fill out a waiver – form found at www.dancewithflair.com**

**For more information, call Angela Flaherty
630-201-4305 or email: dancewithflair6@yahoo.com
(please put Poms in the subject line of the email)**