

CLASS DESCRIPTIONS:

Broadway (all ages): This class is fun for all ages. There is a part to play for everyone. Students will enjoy learning dances as part of hits from Broadway Musicals. Learning to use facial expressions and acting will be part of executing the dance moves in each song.

Bitty Bop (Ages 2-4): A new high energy class for those little ones who like to bop around to fast music. Ballet or Jazz shoes are suitable for this class.

Toddling 1-2-3 (Ages 1 -3 with Parent): For tots and their parents who like to dance. Students and parents will have fun when simple ballet steps are introduced. Comfortable clothes and shoes are appropriate for this class.

Story Time Dance (Ages 1& up): This class will introduce your children to the world of dance and books! Different books will be read at each class along with basic dance steps and music to accompany it. Your littlest dancers will have so much fun they will be ready for naptime as soon as they get home!

Ballet:

Bitty Ballerinas (Ages 2-4): This class is designed for your little girl dreaming to be a ballet dancer. Basic ballet steps and combinations will be taught.

Blooming Ballerinas (Ages 4-6): For preschool/Kindergarten students who have had some dance experience. Soon they'll bloom into a ballerina.

Beyond Blooming Ballerinas (K and up): For those preschool students who have previously had ballet and for those school aged students who are just beginning or have had some ballet experience.

Prima Ballerinas (Gr. 3 & up or teacher recommendation): This class is designed for the more serious ballet students. Students will begin to move across the floor with grace and poise. Emphasis on technique, body alignment and lyrical movement will be taught. This class is 45 minutes in length.

Advanced Ballet (Teacher Recommendation): This class is designed for the serious ballet students who have begun to move across the floor with grace and poise. Intermediate and advanced ballet steps will be taught at this level with an emphasis on technique, body alignment and lyrical movement. When age and skill level are appropriate, students may be asked to join Pointe Class. This class is 45 minutes in length.

Pointe (Teacher Recommendation): This class is designed for the serious ballet students who want to become a pointe dancer. Students begin in ballet shoes, but after strength training as well as body alignment is sufficient, students will be asked to purchase Pointe Shoes and continue training at their own dance level.

Tap:

Bitty Tappers (Ages 2-4) : This class is designed for the young child who wants to learn basic tap steps. Tap shoes are required.

Tiny Toe Tappers (Ages 4-6): Basic tap steps will be taught to children's music. Tap shoes are required

Tap Time I & II (Ages K & up): For school-aged dancers who want to make some noise when they dance. Four year olds with previous dance experience may also join this class. Different tap levels can be found within the same class.

Totally Tap (Teacher Recommendation): You'll be totally exhausted at the end of this class which is designed for the intermediate tap student. To enroll in this class, the student must have teacher approval. This class is 45 minutes in length.

Advanced Tap (Teacher Recommendation): This class is for the serious tap student. To enroll in this class, the student must have teacher approval.

Combo Classes (combines at least 2 dance forms together):

Bitty Ballet/Tap Combo (Ages 2-4) : This class is designed for children who would like to try tap and ballet, but are not ready to have two full classes back to back. There will be 15 minutes of ballet and 15 minutes of tap (Parents must assist in changing shoes).

Ballet /Tap Combo(ages 3-6): This class is designed for children who would like to try a little ballet and a little tap. There will be 15 minutes of ballet and 15 minutes. (Parents must assist in changing shoes).

Dance Combo (Ages 3-6): Begin this class with a Jazz warm-up followed by ballet positions and stretches. The class will end with the freedom of lyrical movements across the floor.

Jr. Jazz Hop (Ages 5 & up or 4 year olds with previous dance experience): Classical Jazz steps and technique will be the basis of the class with new and fun hip hop movements to popular music.

Jazz Hop (Ages 10 & up or 9 year olds with previous dance experience): Jump into this class and be ready to move across the floor with popular music and hip hop moves learning to hold proper alignment and jazz technique

Jazz Hop Choreography: This class can be added after Jazz Hop. This class time is used to work on original choreography. Students will receive a choreography notebook and incorporate their work in Jazz Hop.

Lyrical Jazz Hop: Lyrical Jazz is a fusion of ballet, jazz, hip hop and contemporary dance techniques. Since work on showing emotion in dance pieces is an emphasis, this class is recommended for passionate dancers and those interested in perfecting pom technique.

Jr. Lyrical (Ages 5 & up or 4 year olds with previous experience): Lyrical uses a combination of ballet and jazz technique while exploring movement through space. There is a theatrical element to the execution of the steps. No shoes are required for this class.

Lyrical Choreography (Jr. High and High School Students): Lyrical uses a combination of ballet and jazz technique while exploring movement through space. There is a theatrical element to the execution of the steps. This class gives the students the opportunity to learn the choreography process. Students will be able to create their own pieces and express their emotions through dance.

Homeschool Classes:

Ballet Basics: This 45 minute class will begin with a warm-up and barre work. It will continue with stretches and floor work. Proper body alignment and technique will be an emphasis so dancing with grace and poise will be the goal when executing dance combinations.

Tap Technique: This 30 minute class will begin with a warm-up and barre work. It will continue with combinations down the floor. Students will work on tap dances based on different levels.

Broadway (all ages): This class is fun for all ages. Everyone Gets a Part! Students will enjoy learning dances as part of hits from Broadway Musicals. Learning to use facial expressions and acting will be part of executing the dance moves in each song.

Unique Classes:

Irish Dance (ages 2-6 or K & up): Your little lads and lassies will love to hop-step-2-3 to music and feel like they are dancing in Riverdance. Basic soft shoe Irish dance steps will be taught. Ballet or jazz shoes are suitable for this class.

Bhangra (Ages 7 & up): You won't be able to stop dancing to the infectious beat of the dhol drum! Bhangra is fun, high energy dance that originated in the harvest celebrations of Punjab India. This class is open to boys and girls. This class is taught by Annette Egan of Real Women Bellydance.

Pom Technique: Turns, Leaps, Toe Touches are all necessary to be a Pom! This class will help you with all those technical aspects of poms. Skills will be broken down for each student so that individuals can accomplish her own technique goals.

Dance For Gymnasts: Gymnasts will learn techniques to add grace and flair to floor routines. No tricks are allowed in this class. Call to schedule your time slot based on your own gymnastic schedule. Cost is \$5.00 per 30 minute session.